

Bringing in Spring

Tuesday, March 10

6:00 - 7:30pm

Join us for a **Sunset Beach Walk**
in honor of Daylight Saving Time

6:00 Meet at Here Tomorrow (900 3rd St., Neptune Beach, FL 32266)

6:15 Start walking toward Bay St beach entrance together

Let's celebrate longer daylight hours by practicing mindful movement with a slow-paced, casual group walk down the beach!

No pressure, no judgment: just an opportunity to get outside, connect with community, & enjoy the sunset views.

You are welcome to bring a support person with you!

Dress comfortably for walking on the beach!

