



here tomorrow

PREVENTING SUICIDE ONE CONVERSATION AT A TIME





2024


REPORT TO THE **community**

OUR MISSION To transform lives by building a community where suicide prevention is accessible without barriers.

OUR VISION Everyone wins when we achieve our vision that all community members who are at risk for suicide can access mental health support services and live full, meaningful lives.

OUR VALUES  Hiring and certifying people with lived experiences to become peer support specialists and offer real-life connections in support.

 Educating the community.

 Connecting those seeking help with additional resources.

 Normalizing the conversation about mental health conditions and suicidality.



ADVISORY COUNCIL

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Lead Pastor, Beach Church

Partners, supporters and neighbors,

As Board Chair, I'm excited to share how we are transforming the way individuals facing suicidal thoughts or hopelessness can access immediate, life-changing support through confidential peer-based support. Our mission is to transform lives by building a community where suicide prevention is accessible without barriers. We provide real-time help, a supportive environment, and resources to change the lives of the friends and family members we serve.

A worthy investment in our community

In 2024, Here Tomorrow provided up to one year of no-cost, no-wait support to 1,305 individuals through our Certified Recovery Peer Specialists. That includes "friends" struggling with hopelessness or suicidal thoughts, and "family" members—like I once was—fighting for someone they love. I believe with all my heart that if Here Tomorrow had existed for my son Gary, our story would be different. That's why all of us; the staff, Board of Directors, Advisory Council, volunteers, strategic partners and others, are so very grateful. Every donor dollar makes this place available to change the outcome for someone else.

Enhancing communication for greater reach

To connect with even more people in need, we focused on strengthening both internal and external communication. We refreshed our tagline and mission statement to ensure our message is clear—especially when every moment counts. We also launched a redesigned website, making it easier than ever for individuals to find and access the critical support they need.

Looking ahead: A future without suicide

The most recent CDC data from 2023 continues to highlight the urgent need for intervention, with Duval County's suicide rate exceeding both the national and Florida state averages. Our goal is to change this reality to create a future where those struggling can find hope, help, and healing.

As Here Tomorrow embarks on our fifth year of service, we are truly thankful for your unwavering commitment to help us provide a vital service to our community. Together, we are making a lasting difference in the lives of those who need us most.

Sincerely,


Joe Kenney
Founder and Board Chair



REAL PEOPLE. REAL STRUGGLES. REAL HOPE.

By Christina Foshee

About six weeks ago, I connected with a man who was referred to us by the 988 Florida Lifeline. In that first conversation, he barely spoke—just enough to tell me he was “so ready to die.” He was making plans to rehome his service dog so he could end his life without worrying about what would happen to him.

Our talks were up and down. Some days he’d say there was no hope at all. Other days, he’d just revisit painful memories. But slowly, he began taking small steps—leaving the house more often, taking better care of himself, and spending time with his wonderful dog.

Thanks to the resources we connected him with, he now has access to free general healthcare. Recently, he shared that he’s been reading a self-help book, exercising regularly, reconnecting with friends—and most importantly, he said he finally feels hopeful.



By Savannah Reimer

A teenager came to us after hearing about Here Tomorrow at his youth group. He asked his mom to bring him in because he was struggling—really struggling—with anxiety and a difficult relationship at home. He told us he’d been using substances to cope with the stress, but it was only making things worse.

Together, we started working on healthier ways for him to manage what he was feeling. He began trying out new coping skills, leaning into self-care, and channeling his emotions through writing music. Now, he’s over 180 days sober.

He says his anxiety is more manageable, he feels more in control, and he’s finally found outlets that help instead of hurt. He’s also shared how much of a difference the funded therapy and regular check-ins at Here Tomorrow have made in helping him feel supported and seen.



By Brannon Hicks

A veteran referred by the VA walked into Here Tomorrow after calling 988 in crisis the night before. The VA offered him a therapy appointment in two weeks—time he felt he didn’t have—so they gave him our rack card, and he came straight to us. I met with him immediately. He had his service dog with him, as I did, and was visibly on the edge. Once we sat down, he broke down in tears.

A former Army infantryman with three combat tours, he was desperate for help. We connected over our shared experiences and our dogs. Within three days, our therapy team had him scheduled and seen. He’s now doing well and using his VA benefits to complete multiple trade schools. I wish the VA had been able to help him immediately—but I’m proud they trusted us to be there when it mattered most.

STORIES OF RECOVERY THROUGH PEER SUPPORT

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My journey is one of resilience and change. From a young age I dealt with undiagnosed ADHD. I navigated through significant educational challenges that made me feel less than others. These difficulties were heightened by personal hardships in my teenage years, which deeply affected my self-perception and identity. I carried these emotional struggles into early adulthood. I silently suffered with my pain until it became unbearable. After a period of profound personal reflection, I finally realized it was time for change.

With the unwavering support of family and friends, I began a transformative journey. From overcoming great setbacks in life, to becoming a successful college graduate, my path illustrates the impact of support and inner strength. Now, years into a journey of self-discovery and growth, I am proud of the progress I’ve made. My experiences have equipped me with valuable insights and a personal philosophy: to lead by example and show the possibilities of positive change. I am now committed to encouraging others, sharing a message of hope and the potential for joy in life.

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My personal journey toward mental health has been a winding road, filled with many challenging experiences that have tested my strength in ways I never thought possible. Living with bipolar disorder and ADHD has meant navigating constant highs and lows, wrestling with a mind that often feels like a roller coaster ride. There were moments when the despair seemed too deep, when the urge to give in felt overwhelming. But here I am, standing tall, proof that recovery is possible.

It’s been eight years since I broke free from an abusive relationship, a journey that taught me the true meaning of resilience and self-worth. For more than two years now, I’ve been walking the path of sobriety, which reminds me every day of the strength within me. Anxiety and depression have been constant companions on this journey, and gloom lurks in the corners of my mind. But I’ve learned to face it head-on, to seek help when I need it and to find comfort in the knowledge that I am not alone.

So why do I do what I do? Because I know firsthand the power of hope, the healing that comes from reaching in and then out and finding someone who understands. With empathy born from my own struggles, I’m here to walk alongside you, to offer a hand to hold and a shoulder to lean on as you navigate your own path to wellness.

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By Mikey Velarde
Teen Peer Support Specialist



By Melissa Manzur
Peer Support Specialist



THE HERE TOMORROW TEAM *(Top to bottom, left to right):*

- Chris Shaw**
Peer Support Specialist

Ben Feimi
Teen Peer Support Specialist

Allen Stewart
Peer Support Specialist

Joshua Rumberger Rey
Grant Coordinator

Andi Jackson
Peer Support Specialist

Robert Arcuri
Peer Support Specialist

Emma Schmidt
Administrative Assistant

Christina Foshee
Peer Support Specialist
- Savannah Reimer**
Development Coordinator

Julie Snyder
Inpatient Team Lead

Amber Cage
Military Peer Support Specialist

Melissa Manzur
Peer Support Specialist

Maia Savage
Outreach & Collaboration Coordinator

Tracee Holzendorf
Executive Director

Amanda Frankenfield
Director of Peer Services

Jess McCrosky
Director of Training & Outreach
- Brannon Hicks**
First Responder & Military Program Manager

Michele Tucker
Director of Operations

Nancy Weaver
Director of Development

Jade Baughan
Peer Support Team Manager

Bethea García
Training & Resource Coordinator

Mikey Velarde
Teen Peer Support Specialist

Not pictured: **Joe Kenney**, Founder & Board Chair; **Judah Baker**, **Payton Cooper** and **Jillian Westberry**, Peer Support Specialists; **Jessi Garrison**, First Responder Peer Support Specialist; **Mariel Acosta**, Military Peer Support Specialist; **Elly Armendariz**, Teen Peer Support Specialist; **Emily Pope**, Teen Outreach Coordinator; and **Miriam Racine**, Receptionist

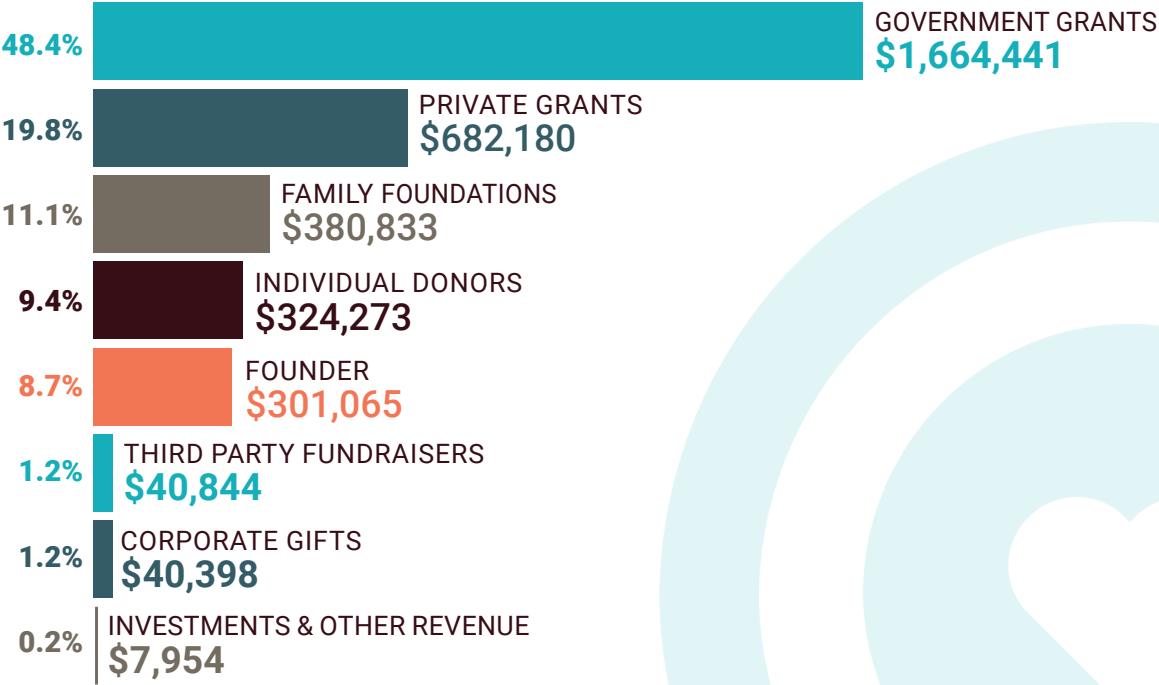
2024 IMPACT
IN NUMBERS

At Here Tomorrow, every number tells a story of hope restored, lives changed, and connections that matter. In our most impactful year yet, we walked alongside more than **1,300** individuals—**576** of whom we met for the first time.

Thanks to our growing team of peer support specialists, funded therapy, and strong community partnerships, we’ve provided record-breaking support through over **5,700** peer sessions and nearly **3,000** therapy sessions.



With meaningful investments from government agencies, foundations, and individual donors, we’ve been able to offer sustainable care to high-acuity individuals, reduce re-entry after Baker Acts through collaboration with Baptist Health, and continue showing up for every Friend and Family member who walks through our doors.



TOTAL REVENUE: \$3,441,988 TOTAL EXPENSES: \$3,475,892



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tomorrow.org



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teens

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tomorrow

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Here Tomorrow is a nonprofit 501(c)(3) organization.