

2023

REPORT TO THE COMMUNITY

Welcome to
 **here tomorrow**

Here for All



here tomorrow

PREVENTING SUICIDE ONE CONVERSATION AT A TIME



VISION

All community members who are at risk for suicide can access mental health support services and live full, meaningful lives.



MISSION

To transform lives by building a community where suicide prevention is accessible without barriers.



VALUES

Love, accountability, perseverance and sharing

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Partners, Supporters and Neighbors,

Beginning our fourth year of service, I'm more excited than ever to serve as the Executive Director leading the Here Tomorrow team. We're changing the way individuals who are feeling suicidal or hopeless can access help in real time, with tools to recover and lead healthier lives.

2023 was a year of physical and programmatic expansion, building on our already comprehensive set of services, to help address the critical mental health issues facing our community. Personally, one of the most exciting aspects of our work is creating solutions to long-standing problems. Delivering no-cost services means being able to elevate the standard of care for all, regardless of income or insurance.

Over the past 12 months, we've opened our innovative new **Teen Program**, helping youth, ages 13 to 17, and their families. We've added specialized support groups and expanded our **Veteran/First Responder Program**. We're also very excited about our relationship with **Baptist Health** to pioneer a revolutionary partnership to reduce psychiatric hospital hold stays (known as the Baker Act).

According to the Centers for Disease Control and Prevention (CDC) 2020-2021 report, the suicide rate was higher in Duval County than the national average and the Florida state average. Our goal is to make those numbers a thing of the past by helping individuals find a brighter future.

Thank you for your commitment to this worthy cause and for helping Here Tomorrow help others.

Sincerely,

Tracee Holzendorf, MSN, RN
Executive Director



No wait • No cost • 365 days of support

Tracee Holzendorf
becomes
executive director



Here Tomorrow sponsors
Challenge 22 raising awareness
of veteran suicide

Inaugural
“Gather to Honor”
in memoriam of lost
military and first
responders



Support groups
continue to grow

Here Tomorrow attends
annual Pride March



Baptist Health partnership to
reduce recidivism of Baker Acts;
two full-time Here Tomorrow
peer specialists installed at
Baptist Health

Leadership heads to
Tallahassee to
address lawmakers
regarding suicide
prevention

Radio advertising
campaign on
7 local stations
iHeartMEDIA



2nd year as primary
sponsor of Wellfest



Continued
partnership with the
Ray & Kay Eckstein
Charitable Trust



Partner with Task Force
Hydro-1 to get veterans and
first responders outdoors



Fruity Fun Fiesta fundraiser
by Stonewall Sports raises
\$13,000 for Here Tomorrow

Launch of new
Teen Program
serving
13 to 17-year-olds
and their parents



2023 JANUARY FEBRUARY MARCH APRIL MAY JUNE JULY AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

Match to Reimagine
Suicide Prevention

Year two of the
Weaver Matching
Challenge Grant

DeLores Barr Weaver Fund
Legacy Fund
established 2012

Community block party and
mural reveal with Hearts 4 Minds



3rd Annual Gather to Reimagine fundraiser



Partnership with the Patrick
Heinold Foundation and
Patrick’s 3v3 promoting
suicide prevention for teens



Year two of 3-year
pledge from
American Legion
Post 129

First-ever strategic planning board
retreat; introduction of new tagline

PREVENTING SUICIDE ONE
CONVERSATION AT A TIME

Noah Kahan promotes
Here Tomorrow at his
Jacksonville tour stop

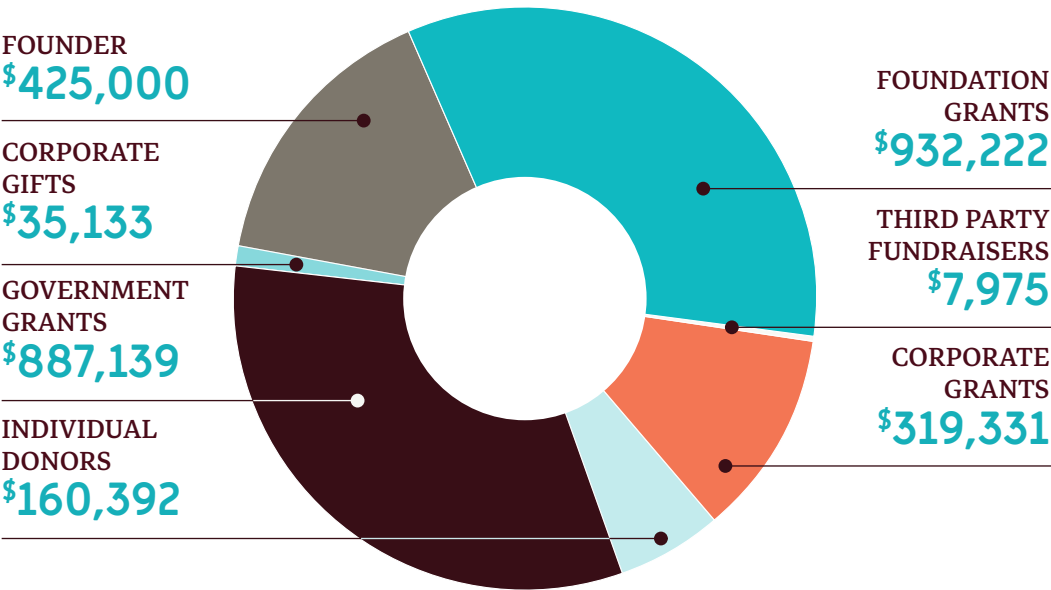


2nd annual Friendsgiving

Our impact in numbers



Financials



\$2,767,192
REVENUE

\$2,593,523
EXPENSES/COMMUNITY IMPACT

DID YOU KNOW?
Florida has the highest veteran suicide rate in the U.S.
CDC.gov

MARIEL ACOSTA, Marine Veteran
Peer Support Specialist



“Going through life, I have learned that at times I needed someone to tell me ‘It will be ok’ or to simply listen to my challenges. I know from personal experience that it is easy in this highly populated world to feel alone. If I had access to an organization like Here Tomorrow 9 years ago, I would not have ended up in a hospital after a failed suicide attempt. Here Tomorrow provides the community with not only a safe space to talk about mental health, but also amazing humans with lived experience that truly understand what it takes without judgement. I am grateful to be here helping others move from a place of hopelessness, loneliness, and pain, by sharing my experiences and to remind them that they are not alone. Having the encouragement from someone that has lived experience changes everything, and things will be ok. Maybe not now, but with meaningful connections, understanding and empathy, it can be achieved and Here Tomorrow is on that path.”

DID YOU KNOW?
Suicide is the second leading cause of death among people aged 10-24.
CDC.gov

MIKAYLA MUSSO
Teen Program Coordinator

Mikayla grew up in fear and anxiety. She experienced abuse and had to take care of herself from a young age. Her teen years brought their own set of challenges, adding to the anxiety and panic she felt almost daily. Mikayla began to have severe anxiety and panic attacks that emulated heart attacks. Physicians and family wanted her to take psychiatric medication and Mikayla wanted an alternative way and felt medication should be the last option for her. She started therapy and was able to identify triggers, helpful coping skills, and worked through traumatic events, which led to panic attacks subsiding and lessened anxious thoughts.



“Here Tomorrow would’ve been so incredible when I was a teen. It is hard to seek mental health help without insurance, being low income, and a long waitlist to see someone. Here Tomorrow eliminates the barriers that makes seeking mental health services so inaccessible to me would’ve saved countless mental breakdowns and sleepless nights. So much of the time, teens can recognize they need help, but the logistics and access are often daunting. Here Tomorrow meets teens where they are and offers a non-judgmental environment to open up about such a vulnerable topic.”



The 2023 Here Tomorrow team (Top to bottom, left to right): **Bethea Garcia**, Peer Support Specialist; **Manny Vera**, Military Peer Support Specialist; **Jermaine Williams**, Peer Support Specialist; **Trey Thomas**, Peer Support Specialist; **Nicole Barbaro**, Care Coordinator; **Ty Denton**, Veteran Peer Support Specialist; **Jade Baughan**, Peer Team Manager; **Joshua Rey**, Grant Coordinator; **Krystena Lucas**, Administrative Coordinator; **Isabel Schroeder**, Peer Support Specialist; **Patrick Keating**, Peer Support Specialist. (Bottom row, left to right): **Katie Caston**, Director of Experience; **Amanda Frankenfield**, Director of Peer Services; **Tracee Holzendorf**, Executive Director; **Jessica McCrosky**, Education & Training Manager; **Brannon Hicks**, First Responder & Military Program Manager; **Michele Tucker**, Director of Operations and **Maia Savage**, Outreach & Collaboration Coordinator. (Not pictured): **Joe Kenney**, Founder & Board Chair; **Nancy Weaver**, Director of Development; **Katie Kowal**, Funded Therapy Program Manager; **Mikayla Musso**, Teen Program Coordinator; **Emma Schmidt**, receptionist; **Mariel Acosta**, **Amber Cage**, **Payton Cooper**, **Alexandria Jackson**, **Savannah Reimer**, **Chris Shaw**, **Julie Snyder**, **Allen Stewart** and **Mikey Velarde**, Peer Support Specialists.



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