

2021

We inspire hope and provide real help to people at risk for suicide and their families through same-day peer mental health support and timely access to outpatient mental healthcare.

R E P O R T T O T H E C O M M U N I T Y



here tomorrow

A MENTAL HEALTH COLLABORATIVE

Vision

Everyone wins when all community members in need can access mental healthcare and live full, meaningful lives.

Mission

To transform lives by building a community where mental healthcare is acceptable and accessible.

Values

Love, Accountability, Perseverance, Sharing



ADVISORY BOARD MEMBERS

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Jerry Sweat
Lead Pastor, Beach Church

Dear Neighbors, Partners and Supporters,

The power of **inspiring hope**. The power of **being present**. The power of **knowing you are not alone**. The power of **asking for help** in a moment of **courage**. The power of **vulnerability** and **lived experience**. These are the gifts being gracefully shared in the flow of giving and receiving that takes place each day at Here Tomorrow.

Our website launched Christmas Eve 2020 and as the New Year dawned, we set out on our critical mission to prevent suicide deaths by eliminating the barriers to accessing mental healthcare and normalizing the conversation.

As I reflect on the past year, I am moved by the synchronicity that characterized the events that unfolded. We envisioned a service model to fill the gap that exists in the current mental health continuum of care; then we created it. The commitment of our board, advisory board and team leadership did not waiver as we implemented our innovative solution and demonstrated its transformative impact in the lives of community members experiencing hopelessness and their families.

Our critical work was made possible this year by the generous support of our chief benefactor and board chair, Joe Kenney, and 141 donors who invested a total of \$606,371 to advance our mission.

We have reimagined suicide prevention and what is possible when people come together to change the status quo.

From my heart to yours, thank you for your commitment to building a community where mental healthcare is acceptable and accessible, because lives depend on it.

With gratitude,

A handwritten signature in black ink, appearing to read 'Hannah Hackworth', written in a cursive style.

Hannah Hackworth, LCSW, MBA
Executive Director



Announced our community presence at Deck the Chairs

EDUCATE THE COMMUNITY.

NORMALIZE THE CONVERSATION ABOUT MENTAL HEALTH CONDITIONS.

CONNECT THOSE SEEKING HELP WITH RESOURCES.



First fundraiser at Casa Marina (83 new donors)



Awarded Mayo Clinic Community Grant



Serving **381** friends and families



Doors opened

First Advisory Board meeting

Launched service model software platform



Front-page story runs



Partnership with Heinold Foundation

DCPS Social Worker Suicide Prevention event

Meeting with Secretary of Florida Department of Children & Families



Presented to Statewide Suicide Prevention Council



12/1/20

1/21/21

2/1/21

3/30/21

4/23/21

5/19/21

6/9/21

8/1/21

9/22/21

11/2/21

12/9/21

12/31/21

12/24/20

1/26/21

2/23/21

4/5/21

5/1/21

6/1/21

7/14/21

8/5/21

10/7/21

11/17/21

12/17/21

Website launched



Featured on NPR First Coast Connect



Launched "Mental Health Hydration" support group

Partnership with United Way 2-1-1/National Suicide Hotline



Florida Senator Aaron Bean sponsors legislative budget request



Sponsored Mariel Hemingway Mental Health event

Awarded Florida Blue Foundation Mental Well-being Grant

Grand Opening/Ribbon-cutting with Beaches Mayors



Hosted Peer Recovery Specialist Training in partnership with Lutheran Services of Florida

Awarded Beaches Community Foundation Grant



Lunch and Learn community event

Our Impact in Numbers

Serving **381** people | **318** "friends" experiencing hopelessness



63 family members worried about the safety of a loved one



Funded and linked **111** service recipients with outpatient therapy within 0 to 2 days



141 active donors invested in our mission to transform lives and prevent suicide deaths



Raised **\$606,371** non-government funding to date



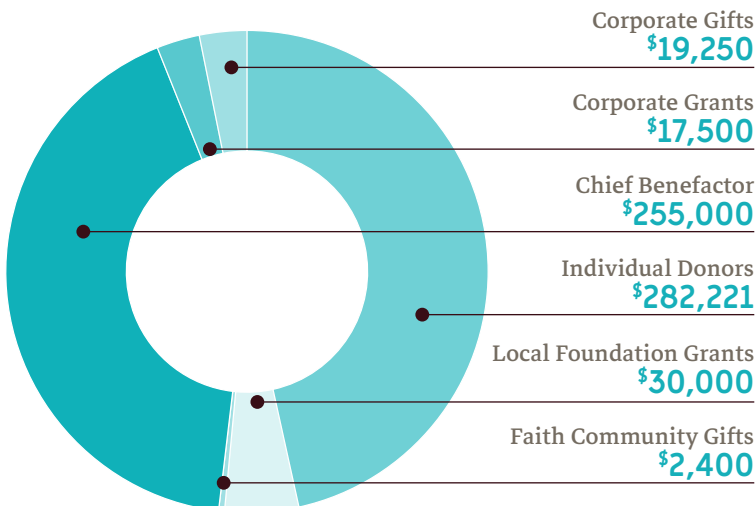
34 5-star Google Reviews ★★★★★



12,128 visitors to our website



Financials



\$606,371
REVENUE

\$603,049
EXPENSES/
COMMUNITY IMPACT

Success Stories

“In early November I made a phone call that would save my life. I suffer from trauma, chronic pain and addiction. I was at the point of barely surviving and had lost myself completely. Out of desperation, I Googled “Support groups near me” and found Here Tomorrow. I picked up the phone to call and that’s where my journey began.

I spoke with Amanda, who answered every question I had and immediately showed me she had one concern, my well-being. It was genuine and unlike any other cookie-cutter therapy I’ve had in the past. Since starting sessions, I have managed my addiction and am sober 33 days. I have learned skills and coping strategies I never had before. I now look forward to what the future holds.”

- JON

“Just wanted to send you a personal note, steeped in gratitude. My daughter Michelle is 95 days sober and a different person. More importantly to me is Jada, my granddaughter, age 4, who has a new Mommy. Jada knows it and is a very happy girl. Amanda at Here Tomorrow was the first person to start our journey into good mental health. I was a mess when we met at your offices. She moved me forward into therapy of which I had no expectations.”

- GRANDMA

Google
Reviews ★★★★★

”

This is the first and only place I’ve been able to actually receive help for my mental health needs in a timely manner. They called me back within the hour, scheduled an appointment for the following day, and had me set up with a mentor and a therapist by the time I left. It is the only place that actually listened to my problems and addressed them with love and care, not medication. There’s no other place like it!

SUICIDE PREVENTION REIMAGINED:

Leading our industry forward

WE HAVE

- Developed a new concept in the mental health continuum of care—a safe, nonjudgmental, physical and virtual place to have a conversation about mental health.
- Created an innovative solution for family members who play a key role in suicide prevention.
- Eliminated two major barriers to mental healthcare: lack of access and affordability.
- Taken Peer Recovery Support, a proven cost-effective approach, into mainstream mental healthcare.



here tomorrow

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